



Sun Protection Policy

Governing Council Endorsed: 2025

Review Date: 2027

PURPOSE

At Ingle Farm we recognise a balance of ultraviolet (UV) radiation exposure is important for health. Too much of the sun's UV radiation can cause sunburn, skin and eye damage and skin cancer. Sun exposure during childhood and adolescence is a major factor in determining future skin cancer risk.

This Sun Protection Policy has been developed to:

- encourage the school community to use a combination of sun protection measures whenever the UV Index reaches 3 and above
- provide a safe school environment that provides shade for students, staff, and the school community at appropriate times
- assist students to be responsible for their own sun protection.

PROCEDURE

The school uses a combination of sun protection measures for all outdoor activities. This is to ensure strategies are in place for all members of our school community in protecting them from skin damage caused by the harmful ultraviolet rays from the sun. This policy is for implementation throughout the whole school year in line with Department and Cancer Council SA recommendations.

CONTEXT

Sun protection measures

- **Hats**
All students and staff are required to wear a broad-brimmed, legionnaire or bucket hat which protects the face, ears, and neck all year, when they are outside. Baseball caps are not acceptable. The school has a limited number of spare hats available for student use.
- **Clothing**
Appropriate sun protective clothing is included in the Dress Code Policy.
- **Sunscreen**
SPF 50+ broad-spectrum, water-resistant sunscreen is supplied by the school for student and staff use.

Staff are to use available areas of shade for outdoor activities as much as possible and actively encourage students to play in the shade.

Students who are not wearing a SunSmart hat or appropriate clothing play in the structural shade space (Climbing Village)

ROLES AND RESPONSIBILITIES

Students

Sun protection education is incorporated into the curriculum for all year levels.

Sunscreen is applied at least 20 minutes before going outdoors.

Sunscreen is re-applied every 2 hours when remaining or returning outdoors.



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Students are reminded to apply sunscreen before going outdoors.

Families

Students are encouraged to apply sunscreen before or upon arriving at school.

Families with children who have sensitive skin are asked to provide a suitable SPF 50+ broad-spectrum water-resistant sunscreen for their child's use.

Families with children who are concerned about vitamin D requirements are encouraged to speak to their GP or paediatrician.

Families with children who have specific skin allergies or sun/ heat sensitivities are encouraged to see a GP for health care plan.

Staff

Staff Work Health and Safety and role modelling

For work health and safety and role modelling, when the UV is 3 and above, staff are required to practice SunSmart behaviours including:

- wearing sun protective hats, clothing, and sunglasses when outside
- applying SPF 50+ broad-spectrum, water-resistant sunscreen
- seeking shade whenever possible.

SUPPORTING POLICIES

<https://www.cancer.org.au/>

<https://www.sa.gov.au/topics/education-and-learning/health-and-wellbeing/hot-weather-policy>

<https://www.ifps.sa.edu.au/our-school/reporting-and-policies/> **Uniform Code**